

REGULAR DOUGH BALL NUTRITIONAL INFORMATION

Nutrition Facts

Serving Size (57g)
Servings Per Container 15

Amount Per Serving

Calories 130 **Calories from Fat 10**

% Daily Value*

Total Fat	1g	1%
Saturated Fat	0g	0%
Trans Fat	0g	
Polyunsaturated Fat	0g	
Monounsaturated Fat	0g	
Cholesterol	0mg	0%
Sodium	250mg	11%
Total Carbohydrate	25g	8%
Dietary Fiber	less than 1g	4%
Sugars	2g	

Protein 5g

Vitamin A 0% • Vitamin C 0%

Calcium 2% • Iron 15%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories: 2,000	2,500
Total Fat	Less than 65g	80g
Saturated Fat	Less than 20g	25g
Cholesterol	Less than 300mg	300mg
Sodium	Less than 2,400mg	2,400mg
Total Carbohydrate	300g	375g
Dietary Fiber	25g	30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4