Lamonicas PIZZA DOUGH

Lamonicas PRECOTTA

# Regular Dough Ball

## Nutrition Facts

Serving Size (57g)
Servings Per Container 15

**Amount Per Serving**

**Calories** 130 Calories from Fat 10

| | % Daily Value* |
|---|---|
| **Total Fat** 1g | **1%** |
| Saturated Fat 0g | **0%** |
| Trans Fat 0g | |
| Polyunsaturated Fat 0g | |
| Monounsaturated Fat 0g | |
| **Cholesterol** 0mg | **0%** |
| **Sodium** 250mg | **11%** |
| **Total Carbohydrate** 25g | **8%** |
| Dietary Fiber less than 1g | **4%** |
| Sugars 2g | |
| **Protein** 5g | |

Vitamin A 0% • Vitamin C 0%

Calcium 2% • Iron 15%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

| | Calories: | 2,000 | 2,500 |
|---|---|---|---|
| Total Fat | Less than | 65g | 80g |
| Saturated Fat | Less than | 20g | 25g |
| Cholesterol | Less than | 300mg | 300mg |
| Sodium | Less than | 2,400mg | 2,400mg |
| Total Carbohydrate | | 300g | 375g |
| Dietary Fiber | | 25g | 30g |

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4